

JEWISH ASSOCIATION OF CULTURAL SOCIETIES

www.jumpingjacs.org.uk

ISSUE 64 - PESACH 2020

CHAIRMAN'S MESSAGE

elcome to the latest edition of our Journal, so capably put together by Angela Feuer.

Six months have flown by since I last wrote to you. I don't know where the time has gone, but I guess this is a good sign because it means that JACS is keeping me busy.

As usual there is good news and not such so good news.

I would like to start off on a positive note by saying a very big THANK YOU to Barbara Newman who single handed organised and ran the Eastbourne holiday in November 2019. It was a great success. It also gives me great pleasure to announce that Barbara has decided to organise the next holiday that will take place Monday 4th May to Friday 8th May (G.d willing if the Corona Virus has abated).



In November last year I had the great pleasure of attending JACS Southgate to hand over a certificate on behalf of our organisation to a lovely lady who was celebrating her 100th birthday.



Please let me know if you have any 100th birthday celebrations coming up and I will make every effort to come along and present a certificate to mark the occasion.

I, together with the Executive would like to pass on a big thank you to all the chairmen and their committees that enable us to keep our branches going. I am pleased to say that we have not had to close any further branches in the last six months.

It is with great sadness that I have to report that some of our long serving chairmen have passed away: Allan Goldstein z"I – Westcliff, Joe Melnick z"I – Northwood (now closed), Gerry Greenberg z"I – Cockfosters (now closed). We wish their families a long life and to be spared from any further sorrow.

As a way of attracting new members I'm trying to put on entertainment that can be



attended by members of a number of JACS branches.

Our first attempt to do this was to have the Rogue Opera Company putting on the opera Don Giovanni. We were going to arrange for transport from various locations to enable our members to attend.

Unfortunately we had to cancel this performance due to lack of numbers. Maybe I was too optimistic but I haven't given up on the basic idea of joint entertainment so look out for future offerings. I am always open to any suggestions that could help us moving forward so please do not hesitate to

contact me to discuss any ideas big or small.

I would like to re-iterate my message from the last Journal that our programmes must be interesting, varied and published. Please send me regular updates so I can put it on our website. If you come across an interesting speaker or excellent vocalist please don't hesitate to pass on the information to myself so I can add this to our directory and share the information with all our branches.

Finally, Caroline and I wish you all a very Happy and Kosher Pesach and we look forward to

continuing working with you all.

Per Simonsson National Chairman JACS



Three Jewish women get together for lunch. As they are being

seated in the restaurant, one takes a deep breath and gives a long slow "oy". The second takes a deep breath as well and lets out a long, slow "oy". The third takes a deep breath and says impatiently, "Girls, I thought we agreed that we weren't going to talk about our children."

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A big *Thank You* to all of our advertisers, your support is very much appreciated.

Thinking of joining JACS but would like some questions answered before you do?

Speak to SHEILA LEVITT -

our National Secretary. Her phone number is:

020 8954 6434

She'll be happy to help you!

WEBSITE

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JACS - NEXT ISSUE

The Journal is printed in time for **Pesach** and just prior to **Rosh Hashanah**. Please let us have your articles in good time.

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If it is worth publishing it must certainly be worth making that phone call, right?

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Brighton and Stonegrove

Hove

Sutton

Bushey

Westcliff

Chigwell & Hainault

Weybridge

Gants Hill

Woodside Park

Harrow Mosaic Reform

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EDITOR'S MESSAGE

ARE YOU A RETIREE?

am casting my mind back to when I was 75 years of age, and the London Borough of Hillingdon woke up to the fact that I was way past retirement age for Borough employees which was capped at that time at 65 years of age. They then announced I had to retire as a teacher, even though I was very active and compos mentis. Initially I fought tooth and nail to continue, even seeking advice from a very, militant and effective Trade Union person whom I knew would give me all the information. However, like Canute I couldn't stem the tide and became a retiree.

This gave me the opportunity to take up things which I had no time for previously but had been put to the back burner, so to speak. I became one of those annoying people who couldn't understand how I found time to work. I trained to be a bone fide counsellor for the Citizens Advice Bureau, took up green lawn bowling and learnt belly dancing, and later on was offered the position of editor of this JACS magazine. Pretty eclectic One can only be sorry for those who feel they have no purpose in life, or no routine. No-one will give you a purpose or routine, you have to do that yourself. If you sit at home feeling sorry for yourself obviously things will not change. So set the alarm, get up and get moving. Go for a walk while the air is still clean, meet friends for breakfast (not everyday as otherwise you'll get too fat!) make yourself a healthy breakfast, or work on a crossword, Sudoku or Word Search.

When some folk retire, they feel they need to go to the Gym in order to maintain their health. I tried this at first and found it excruciatingly boring, but some of my friends still go three times a week and swear by it. They also, incidentally, meet similar like-minded individuals and as a result have made several new friends.

As for travel, most pensioners have a bus pass. Admittedly a day in Birmingham or Brent Cross is not the same as a trip to the USA or Australia, but at least it will get you away from the humdrum of Doctor's appointments which seem to accompany 'old age'.

If you haven't got enough to do and are lonely, there are volunteer opportunities at Charity Shops etc. and social clubs to attend. Taking up a hobby is very therapeutic – and one is among people who generally want to be friendly.

A unique initiative developed to tackle social isolation amongst over 65's has been nominated at the National Charity Times Award. This is Living Streets the UK charity for everyday walking developed in Birmingham which aimed to support staff from a local company to tackle social isolation amongst over 65's. Wythall Walking Friends saw a group of staff volunteers from Life and Pensions firm Phoenix Group trained by Living Streets to run a series of led walks in their local community for older people. Following a successful trial it was launched nationwide and has 'induced happiness spread across the UK'.

So – take charge of your life and enjoy your retirement. You've earned it!!

In conclusion, may I remind you that this is YOUR magazine. Readers want to hear your news, views etc. (and these have been very thin on the ground lately) so keep the articles and photos coming in and don't put off giving me your good news.

I wish all our readers and their families a very happy and healthy Pesach.



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CST wishes our whole community a safe and enjoyable Pesach

CST wishes all British Jews a safe and enjoyable Pesach.

At CST, our mission is to protect every shul and every community. We do this in partnership with you, because security depends upon everybody playing their part. Your local CST volunteer team needs you to sign up and join it; and everyone should be aware of their surroundings, knowing how to react should anything happen.

We wish that none of the security was necessary, but last year showed, yet again, that whilst terrorism is exceptionally rare, it sadly does happen and it can occur anywhere.

Last Yom Kippur, the synagogue in Halle, Germany, was attacked by a terrorist. He tried to shoot his way into the building but failed because the door had been closed. The rabbi and the congregation had followed the simple security instruction of shutting the door behind them. This saved many lives inside the shul service, but the terrorist killed a passer-by in the street outside, before then killing a customer in a nearby kebab shop.

On the last day of Pesach, a terrorist attacked the synagogue in Poway, California, killing one congregant and wounding others, including the rabbi.

Here in the UK, the most serious recent attack was in July 2018, against Britain's third oldest synagogue, in Exeter. A man attempted to burn it down and tried repeatedly to smash a window that the shul had strengthened, using CST advice and CST funding. When the glass at last partially broke, he poured petrol in as best he could, setting it on fire, but failing to destroy the shul.

The German, American and UK attacks were against relatively small Jewish communities, but the attackers knew them as being their nearest synagogues. The door being closed in Halle saved lives. In Exeter, the shul was protected because the community and CST had worked together, exactly as CST does with hundreds of others across the country.

This is why CST wants every community and every shul to work with us, to be aware of security and to join local CST security teams.

We do this because we want our local communities and shuls throughout the country to thrive, leading a full and confident Jewish life. Thank you and we wish you, your families and communities well over Pesach.







National Emergency Number (24-hour) 0800 032 3263 London (Head Office) 020 8457 9999 Manchester (Northern Regional Office) 0161 792 6666



HAROLD NEWMAN

hen sitting down to write this article I firstly thought how do I best describe the Harold I knew. The conclusion I came to was to describe him as a man of integrity, principle and kindness was the man I knew whilst working closely with him for a number of years on the executive of National JACS. Over the years I came to regard him as not only a colleague working for JACS but also as a friend.

Harold was born on 17 July 1934, he was Ida and Solly Newman's second son and grew up in Newquay Road in Catford. He attended the Roan School for Boys where he did not bother much with academia because he excelled in sports.

Harold was the national chairman of JACS for 9 years. Unfortunately the organisation was beginning to decline mainly due to a reducing and ageing membership. His enthusiasm and extremely hard work in running the organisation halted the decline, unfortunately only temporarily. He constantly visited all the groups on numerous occasions trying to stimulate and enthuse the committees running these groups. On a number of occasions his enthusiasm was misinterpreted as being dictatorial or interfering. However I do know that this was never the intention or case as his attitude was always one of "we must keep JACS alive and kicking".

One of his most successful and enduring projects was the



introduction of first annual and then bi-annual holidays in Eastbourne. When these first began we had no idea as to how successful and wellattended they would become. Months of hard work by himself and very ably helped and supported by his wife, Barbara, were put in to ensure that these holidays were very enjoyable and extremely successful in all respects. It often gave some of our members an opportunity to have a holiday they might not otherwise have had. In fact, his enthusiasm to make a success of these holidays rubbed off on Barbara who organised and ran the first holiday after Harold passed away and is, luckily for the members, now considering organising holidays in the future, mainly in his memory.

Harold's desire to promote local Jewish organisations was always something he felt was important hence his enthusiastic work and often leadership in these organisations. These included AJEX, JACS, Monash (Jewish branch of the Royal British Legion), and the Scouts. In the early 80s, armed with contraband medicines, glossy magazines and esoteric Jewish paraphernalia, he travelled incognito to Russia on a number of occasions to visit refuseniks in order to

deliver the above items to them.

He was involved with Mill Hill shul and helped with security advice relating to the local community. He also helped with the delivery of the synagogue's newsletters by running in his shorts and trainers around the neighbourhood with his dog in tow, saving a considerable amount of money in postage costs.

As a result of his enthusiastic and unstinting work and leadership in these organisations, mainly in Mill Hill, he was awarded the honour of a MBE on 16 February 2010. I know personally that this was one of his proudest achievements. HRH Prince Charles, when pinning the MBE onto his lapel, congratulated him on his involvement with the scouting movement.



JACS, together with the other organisations mentioned above, will greatly miss him and his enthusiastic and important work in our community.

Sam Kuperberg

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85th ANNUAL AJEX CEREMONY AND PARADE

ast year's Parade marked the centenary of the end of WW1, with the largest attendance at the Cenotaph, Whitehall, for over 20 years. This year 2019 did not disappoint. I attended the ceremony as per last year, and my friend participated fully in the proceedings in the march past.

There were over 200 people at the Ajex Reunion Reception prior to the march and we were privileged to hear the various dignitaries speak eloquently of our fallen comrades, and of their support for this organization: Chief Rabbi Mirvis, Reviewing Officer, Vice Admiral Chris Gardner CBE, Ajex National Chairman, Mike Bluestone, Sir Malcolm Rifkind KCMG to name but a few of the illustrious speakers and those

who laid wreaths at the Cenotaph.

I had the prerogative to have a front seat right in front of the action and had next to me Stanley Pinner (who actually lives in Bushey Heath!) who was born in 1929 and served in the Royal Engineers in Malaya. He actually enjoyed his time in the services and said there were only two other Jews around. This was the first year he has not taken part in the march past, and as he is now 90 you can't blame him for taking a rest!

Our own Barbara Newman laid a wreath in memory of her husband Harold Newman who was an Ajex Chairman who passed away in the last year, and her husband Harold, our dear departed National Chairman of the JACS organization, was one of the 19 categories whom we all honoured on this day. Interestingly I was sitting next

to the widow of the Late Philip Mishon OBE who had been National Chairman of Ajex 1966-68.

After a very emotive Last Post there was a Prayer for Peace and a rousing Adon Olam and Benediction culminating in the National Anthem.

Tell your children about this Ceremony, and bring them along – in this way you will be honouring the brave men who fought for our country.



Barbara laid a wreath at the Cenotaph for Harold

AROUND THE BRANCHES

NEWS FROM SOUTHGATE JACS

n important and exciting day was held on Wednesday 20
November 2019 at JACS
Southgate. A very special lady, Esther Lee, a long serving and loyal member, not only of JACS Southgate, but also of Old Farm Avenue, JACS over many, many years was celebrating her 100th birthday. On this great

occasion we were all so pleased and delighted to have with us our executive Chairman, Mr Per Simmonson. Per congratulated Esther, and presented her with a framed certificate making Esther an Honorary Member of JACS Southgate. Also, a gift from the club was given to her.

The afternoon continued with music and song, followed by tea and birthday cake. Yes, and Esther did receive an acknowledgement from the Queen.

I am sure everyone enjoyed our dear Esther's very special birthday, and long may she thrive.



Dorothea, Chairperson Southgate JACS

NEWS FROM BEEHIVE JACS

At Beehive JACS we meet most weeks and provide refreshments, entertainment and coach outings. We had our end of year tea party with Barbara Newman as guest (see photo). This Year we will be celebrating our 30th Anniversary. We would like to wish all our fellow members throughout London and beyond A Happy Healthy prosperous New Year All The Best Arnold Rose (Chairman) Philip Son (Chair)



MILL HILL NEWS

Over 130 people attended the pre Chanukah festivities at Mill Hill Jacs on 18th December, and were treated to a sumptuous tea and a rousing rendering from an Italian (?) singer Uri.

He entertained the gathering with a selection of songs from the shows ranging from Oklahoma's O what a beautiful morning to Au Paradiso – At last I have found you. We were also privileged to hear some operatic arias which he performed very well.

There were no candles as it was pre Chanukah but Rabbi Rose was eloquent with his jokes and everyone enjoyed the bridge rolls, cakes, and fishballs and a very happy time was had by all.

By your roving reporter

HARROW NEWS

Russ Bowes Dig for Victory talk at JACS 12 November 2019



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Rimes wat we rate ...

Strictly speaking this is not what any of our members have written but I make no apology for including it in the JACS poetry pages, as it encapsulates the whole meaning of the 85th Ajex Annual Ceremony. With thanks for its inclusion to Don Crawford and Ajex Association.

WHY WEAR A POPPY POEM BY DON CRAWFORD

"Please wear a Poppy," the lady said, And held one forth, but I shook my head, Then I stopped and watched as she offered them there,

And her face was old and lined with care; But beneath the scars the years had made There remained a smile that refused to fade.

A boy came whistling down the street, Bouncing along on carefree feet, His smile was full of joy and fun: "Lady," said he, "May I have one?" When she pinned it on he turned to say, "Why do we wear a poppy today?"

The lady smiled in her wistful way,
And answered, "This is Remembrance Day,
And the poppy there is a symbol for
The gallant ones who died in war,
And because they did, you and I are free,
That's why we wear the poppy, you see.

I had a boy about your size,
With golden hair and big blue eyes.
He loved to play and jump and shout,
Free as a bird he would race about.
As the years went by he learned and grew,
And became a man — as you will, too.

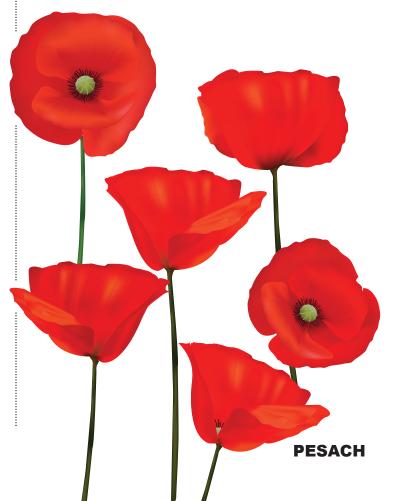
But the war went on and he had to stay,
And all I could do was wait and pray.
His letters told of the dreadful plight,
(I can see it still in my dreams at night)
With the tanks and guns and cruel barbed wire,
and the mines and bullets, the bombs and fire.
Till at last, at last, the war was won —

And that's why we wear a poppy, son."
The small boy turned as if to go,
Then said, "Thanks lady, I'm glad to know,
That sure did sound like an awful fight,
But your son — did he come back all right?"

A tear rolled down each faded cheek:
She shook her head but didn't speak.
I slunk away in a sort of shame,
And if you were me you'd have done the same:
For our thanks, in giving, is oft delayed
Though our freedom was bought
And thousands paid.

And so when we see a poppy worn, Let us reflect on the burden borne, By those who gave their very all, When asked to answer their country's call, That we at home in peace might live.

Then wear a poppy, Remember And give.



A TIME FOR ALL THINGS

A time is set for everything, a season for

Every experience under heaven:

A time for being born And a time for dying.

A time for planting And a time for uprooting the planted.

A time for slaying And a time for healing.

A time for tearing down And a time for building up.

A time for weeping And a time for laughing.

A time for wailing And a time for dancing.

A time for throwing stones

And a time for gathering stones.

A time for embracing And a time for shunning embraces.

A time for seeking And a time for losing.

A time for keeping And a time for discarding.

A time for ripping And a time for sewing. A time for silence
And a time for speaking.

A time for loving And a time for hating;

A time for war And a time for peace.

ECCLESIASTES 3:1-8

TOWER DRESSING

Oh for a Balenciaga Eiffel Tower Turtleneck Dress for £1,895, in black strassed velvet knit...

A dress that extends high in the air of my dreams that would fit in nicely with my schemes..
I drool for this dress which is named after a tower, I'd become a beauty within less than an hour Or would I become completely broke and hide away without a croak.

But I must also have another dress from a tower of fashion which would fill me with such great passion:
A Dior £6,600 cotton lace dress, that would potentially get me into a terrible stress/mess - it would then make me terribly poor I'd have so little money left, that's for sure.

But still can I resist, which would certainly be on my suffering man's blacklist: a £6,865 Prada belted silk trimmed embellished chiffon dress, which would get me into a further stress/mess into a life of insolvency
from which I would never recover
any form of mental buoyancy.

And what about tower/power dressing... whatever... which would make me appear a tower of success and clever... the 1980s were the power dress icon and I thought this era had quite long gone... till I read in Times 2 on April 10 2019: "Power dressing? Try head-to-toe pink"

So this I must do, or on my knees I will sink for a £548 pink Stewart blazer, and will I be able to deflate my debit with an eraser?

And then the only person who would stick closer to me in my adversity than my man would be a creditor.

FOOD FOR THOUGHT



A SWEET TOOTH FOR ALL...

afé Niederegger is considered to be the heart of the Marzipan capital since it was first opened in 1806 by Johann George Niederegger. Lubeck's original café – positioned opposite the town hall – has been a popular landmark within the city. The building has functioned as a marzipan factory and café in its time, and although it has been destroyed, reconstructed and expanded a number of times, it still stands today.

The café is considered an indulgent icon by the residents of Lubeck and beyond. Famed for its plush interiors and glittering displays of confection's and baked goods – particularly at Christmas – it is visited by marzipan fans of all ages from across the world.

In 13th century Italy – specifically the cities of Venice, Naples and Sicily – confectionery and spices were generally traded in small boxes. The word for these boxes, 'mataban', influenced the name of its contents: 'marzipan' in German, 'massepain' in French, and mazapane in Italian.

Marzipan was initially created for Europe's royalty and upper classes in the 16th century, and was sometimes topped with edible gold leaf to add an indulgent touch of luxury. England's Queen Elizabeth the First was reportedly

addicted to them, and Tsar Alexander II was a frequent customer in the late 1850's – hence the term 'regal enjoyment'.

Throughout the years the company has prospered:

- **1948**: The Niederegger café is rebuilt on the original site
- **1958**: Another factory is built, strengthening sales and export opportunities
- 1962: A third Niederegger factory is built
- **1986**: Holger Strait and his wife Angelika join Niederegger after the departure of his uncle. They invest in new technology
- **1999**: The Marzipan Salon is added to the original café
- **2003**: A factory outlet is opened in the Zeissstrasse site.
- **2006**: Niederegger celebrates its 200th anniversary
- **2008**: An arcade café is opened opposite the main site
- **2016**: Other Strait family who joined Niederegger in 2011 become managing partners

If you visit Lubeck in West Germany be sure you sample marzipan from the café Niederegger, and bring home some glamour from a by-gone age.

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I'm one of the few women who's made it on talent in Hollywood. I tried to sleep my way to the top, but there were no takers. Roseanne Barr

CLOSER TO HOME!

elly Belly Candy Company expands its line of Harry Potter-inspired confections, and one of the most well-known and iconic sweets in this collection is Harry Potter Bertie Bott's Every Flavour Beans. This product comes in a signature assortment of classic flavours including – cherry, watermelon, lemon and unexpected ones like booger, dirt and earwax!

The Harry Potter inspired chocolate confections are truly delicious. The most popular chocolate confections are designed to reflect the wands of

Harry Potter, Albus Dumbledore, Hermione Granger and Ron Weasley. Now, Lord Voldemort's



wand will join the collection. Each wand is made out of solid chocolate and contains a sheet of spells for practice. Also chocolate house crests come in a set of four – with one crest for each house. Finally. There is the new Hogwart's Express Ticket chocolate bar. Inside each package is a moulded piece of milk chocolate with crisped rice embossed to look like the Platform 93/4 ticket! Who wouldn't want these as a gift?!





Housework is a breeze, cooking is a pleasant diversion. Putting up a retaining wall is a lark, but teaching is like climbing a mountain. Fawn M Brodie

A CHERISHED HEIRLOOM

BROKEN BEYOND REPAIR

n the words of my darling daughter, Penny, the following letter sets out the scenario of the shattered dish

"Dear All,

So ... whilst we were in Australia for my 50th birthday trip, Mitten's – my ragdoll kitten – decided to jump on the side of the table and try and sit in my 100 year old bowl from Danzig (a dish I loved which is bound up with cherished emotional feelings around Dad and Mutti). The bowl promptly broke into 7 pieces The nice house/cat sitter lady contacted me by text after it happened and saved all the broken pieces.

When I got back home, I was asking everyone if they knew of any quality ceramic repair places or people, and my neighbour suggested this fab TV show called 'The Repair Shop' she'd

seen on BBC1/2, where master craftsmen of different speciality areas repair and rejuvenate articles of personal emotional value, and particularly love putting their hand to irreplaceable nostalgic items with special/significant memories and stories (especially those set around World War timings).

So I applied And to cut a long story short, see me being not at all emotional (ahem!) in the journey of repair for this treasured family heirloom, as the bowl and I appear on BBC1 next week (4.30pm BBC1, Monday 9 December 2019)

See how an expert ceramicist went about mending the bowl – which I now promise to cherish better and display on a much higher shelf which the cats can't get to!

Love to you all Penny" Editor's note: When my daughter asked me if I knew of any repair person I searched my files and found a lady who must have then been 90 years old who had repaired one of our dishes. many moons ago! However, I had no idea if she was still around and working and could not help. The dish seemed DOOMED!! But then Pen contacted the Repair Shop and they were very interested in the history of this piece, and the happy conclusion is as they say 'history'.

If you have an heirloom which has unfortunately got broken perhaps you could contact the Repair Shop and they will work miracles as they did for us.

So many of my friends watched this programme, but I could not inform everyone, so if you would like to see Penny talking about the bowl and viewing her when she collected the repaired item please contact this link.https://www.bbc.co.uk/iplayer

AN INNOVATIVE MUSEUM

srael must rate as high as the USA in museums that tittilate the senses and allow people to actually experience what they see on screen. The Palmach Museum is one such building – and really captured the essence of the 'Hagana' and of the personnel who worked tirelessly for the State of Israel. I could not take my eyes off the screen/s as we passed through the exhibition and felt very proud that my husband, who used to live in Israel, and who became an Israeli citizen at the age of 3, served for one of the elite groups in the army. There in Golani troupe he made very good friends and I still visit the widows of his friends he was with so many years ago.

If you go to Israel the Palmach Museum should be top of your list!

The Palmach Museum is an experiential museum, covering the Palmach legacy through the stories of individuals and groups. Visitors to the museum join the group of young Palmach recruits from its establishment, and advanced through the



story of the Palmach until the end of the War of Independence.

The manner of presentation is extremely innovative. There are no displays or documents, but rather an account of a fascinating personal story accompanied by three-dimensional decor, films and various effects incorporating documentary materials.

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The visit, which is conducted in groups, correlates with the structure of the presentation, set out as a series of events, and symbolizing the Palmach team spirit.

The tour commences and ends in the memorial hall for Palmach warriors who died fighting for establishment of the state of Israel.

Visit to the museum must be pre-arranged. The tour is carried out in groups of up to 25 people (individuals visitors will be pre-arranged into groups).

The tour is for children over 6 years only. The length of the tour is 90 minutes. The presentation is in Hebrew. English, Spanish, French, Russian, and Mandarin Chinese speakers will be provided with a translation through headphones.

Opening Hours:

The Museum opening hours: Sun, Mon, Tues, Weds, Thurs 9:00am - 3:00pm. Fri 9:00-11:00am. http://palmach.org.il

Entrance fee:

Adult - 30 Nis. Youth 6-18 - 20 Nis. Senior citizens - 20 Nis. Soldeirs - Free. Payment is by cash, check or credit card.

Address:

10 Haim Levanon st. Ramat-Aviv, Tel-Aviv P.O. Box 65080 Tel-Aviv. 61650

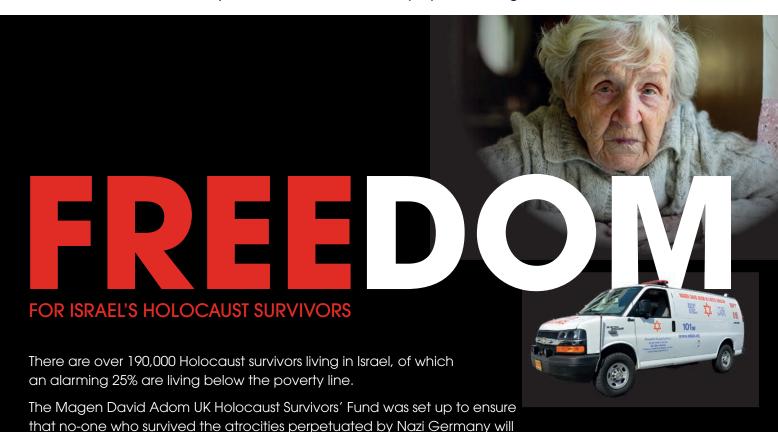
Book a visit:

Phone: 03-5459800 Fax: 03-6436964

Email: palmach_reservation@mod.gov.il Mailing address: The Palmach Museum, Department of Museums, Ministry of Defense,

P.O.B. 952 Kiryat-Ono 55108.

If you want to research more about the museum, the website is very informative and there are lots of galleries with some very interesting photographs for you to explore. The website address is:





ever worry about calling an ambulance, for fear of the costs involved.

To ensure that Israel's Holocaust survivors do not live in fear, you can donate to the Holocaust Survivors' Fund by visiting **mdauk.org/freedom**.



GERMAN CITIZENSHIP

wonder how many Jewish people have taken up the opportunity to get German citizenship... Is Hilary Freeman one of many individuals or is she unusual, nay unique in her thinking. As quoted from her article "To be 'naturalised' as a German is an oxymoron. I am Jewish, the grandchild of Holocaust survivors. I am British, a Londoner."

"Tears begin to stream down my face. I did not expect to have this reaction. I have been waiting for this document - my escape from Brexit – for nearly three years. I have taken on many new identities during my life – as wife, as chronically ill patient, as divorcee and as a mother – but this one doesn't fit.

But for me, it has always been about the war. The Holocaust shaped my life. I was brought up to view Germany as a bad place, its produce and people forever sullied by the Nazis. My parents wouldn't buy a German car or fridge, and elderly Germans we encountered on holiday were regarded with suspicion and contempt. I still cannot bring myself to try on a Hugo Boss suit.

And yet, I am a quarter German, and German blood has flowed through my family's veins for centuries. Almost 100 years ago my grandfather Siegfried Baruch (Saba to me) was born in Krefeld, near Cologne.

My grandmother, Thilde
Nussbaum – Safta –was also
a German-Jewish escapee,
and they met at a refugee
centre in Camden Town,
London. After the war my
grandparents settled in Leeds.
They didn't speak German,
even to each other. My
grandmother never talked
about what happened to her
family, but I was given the
middle name Rachel after her
five year old niece, who had
been gassed in Auschwitz

together with her parents. Saba died in 1998 and Safta in January 2016. They probably wouldn't have approved of my decision, but I'm sure they'd understood it and accepted it. They were nothing, if not pragmatists, aware of how easily the world can change, and of how important it is to secure the future for your family. Ich bin ein Cologner, ich bin Deutsche."

These excerpts above give a flavor of Hilary Freeman's article and I would be interested to hear the reactions to it from the membership. I for one would not expect my children to take up the opportunity, even though their Father was German (and fled to Israel to live), and they assure me they have no inclination to do so. However, perhaps I am old fashioned and cannot accept Germans have changed. Despite the rhetoric from the Government, have feelings really altered?

Credits to New Statesman where this article was printed.

LOVE IS A MANY SPLENDORED THING...

woman, cranky because her husband was late coming home again, decided to leave a note, saying, "I've had enough and have left you...don't bother coming after me". Then she hid under the bed to see his reaction.

After a short while the husband comes home and she could hear him in the kitchen before he comes into the bedroom. She could see him walk towards the dresser and pick up the note... After a few minutes he wrote something on it before picking up the phone

and calling someone...

"She's finally gone...yeah I know, about bloody time, I'm coming to see you, put on that sexy French nightie. I love you...can't wait to see you... we'll do all the naughty things you like." He hung up, grabbed his keys and left. She heard the car drive off as she came out from under the bed. Seething with rage and with tears in her eyes she grabbed the note to see what he wrote...

"I can see your feet. We're outta bread: be back in five minutes."

Martin Ben-Nathan

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CURIOUSER AND CURIOUSER...

lice in Wonderland has inspired childrens' imaginations for as long as I can remember, and the far-reaching influence of the classic tale, first published in 1865, will also be explored in displays of contemporary art at the Victoria and Albert Museum which will run from June 27 2020 to January 2021.

At this exhibition visitors will go through a rabbit hole into a subterranean gallery to experience the story behind the classic tale. The show is curated by Tom Piper, the theatre designer who created the field of ceramic poppies at the Tower of London, and will feature work by Salvador Dali, Peter Blake and the Beetles. After entering through a 'theatrical interpretation' (the mind boggles!) of the rabbit hole - visitors can see Lewis Carroll's original handwritten manuscript, illustrations from the Disney film adaptation and photographs by Annie Leibovitz.

Alice is as fresh today, as it was when written, and is considered a 'best smeller' as it has

never been out of print since it was first published. Besides this, its influence has been far reaching from stage shows and films, one of which was the dark Tim Burton's 2010 movie version which starred Johnny Depp, Anne Hathaway and Helena Bonham Carter, to the 2011



Peter Blake illustration

Royal Ballet production which featured its former principal dancer as the Red Queen.

Kate Bailey, senior curator at the V and A, said "Alice encourages us all to question, to learn, to explore, and to dream....."

Lewis Carroll himself has been under scrutiny as to his motives with regard to his friendship with Alice and her sisters and indeed the whole family, but here in this exhibition the accent is on the cultural impact of Alice in Wonderland across artistic disciplines, and the sheer delight his book has given to countless generations.

A depressed woman was so desperate that she decided to end her life by throwing herself into the ocean.

When she went down to the docks a handsome young sailor noticed her tears and took pity on her.

He said 'I'm off to America in the morning, and if you like, I can stow you away on my ship. I'll take good care of you and bring you food every day.' Moving closer, he slipped his arm around her shoulder and added 'I'll keep you happy, and you'll keep me happy.' The girl nodded. After all, what did the girl have to lose?

That night the sailor brought her aboard, and hid her in a lifeboat. From then on, every night he brought her three sandwiches and a piece of fruit, and they made passionate love until dawn.

Three weeks later, during a routine search, the captain discovered her. 'What are you doing here?' the captain asked. 'I have an arrangement with one of the sailors', she explained. 'He is taking me to America, and is feeding me.' 'And what are you doing for him?' asked the captain. 'He is screwing me', she replied.

'He certainly is' said the captain. 'This is the Isle of Wight ferry!'

AN INTERVIEW WITH MY GRANDSON



I'm Matthew and I'm doing a PhD in Physics and running the Fairbaim Cup races (a Head Race organised by Jesus College Boat Club and raced on the River Cam in the ninth week of the Michaelmas term).

What's your rowing background?

This is my fifth year at Jesus. I started rowing in my first year and have progressed through every rank at Jesus. I started in M4, then M3, stepped up to M2 and now I'm starting to be in M1 (the top Mens crew)!

The Fairbairn Cup is a major event, how has it been to organise?

It's massive for the club. We've got over 2,000 people racing over two days - as well as Cambridge and Oxford colleges, Cambridge Town clubs and the University clubs we have two Russian crews this year which is very exciting!

It'll be pretty good fun, rewarding, but busy and stressful too. I don't think I can estimate how much work it's been!

You've been with the club for five years, and this is your fourth role on the committee - you must like it then!

It's the best thing I've done at Jesus, and a large reason why I wanted to stay here. It's very supportive, friendly, it just feels like home. The equipment is amazing. We're so lucky to have our boathouse, and JC looking after it!

And what have you enjoyed most in the sport?

When we bumped Darwin M1 on the last day of May last year, that was nice. M2 hadn't bumped for a good few years, and it had been a tough year for us so it was nice to see the hard work pay off.

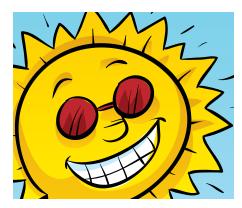
I hate them when I am doing them, but the hard intervals are nice when you've finished them, especially when you've done well and PB'd. It's a nice feeling. I quite enjoy just sitting down and doing a UT2, not so much pain!

Angela Feuer Editor



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A clear conscience is usually the sign of a bad memory. Steven Wright



GOOD NEWS

- A hearty Mazaltov to Esther Lee who celebrated her 100th birthday − what a lady! Southgate
- Mazaltov and hearty congratulations to Celia Glodek who celebrated her 90 th birthday recently – a wonderful achievement. Southgate

- Mazaltov too to Pamela Kenward on her birthday in November, and Phyllis Trogal for her celebrations in January. Both these lovely ladies come from Southgate
- Mazaltov to Sammi Feuer who is studying at Stanford University USA and has graduated with Honours in International Relations.
 Congratulations to the proud parents Jonathan and Beverley Feuer and grandma Angela
- Mazaltov to Adam Feuer who has graduated with Honours in Computer Science at Warwick University MEng in

- Computer Science.
 Congratulations to the proud parents David and Jane Feuer and family and grandma Angela
- Mazaltov to Betty Freedman who celebrated her birthday in December 2019. Mill Hill
- Mazaltov to Vivienne Cowen on her birthday – April 23 2020. Harrow Mosaic
- Mazaltov to Betty Tunkel on the birth of her 17th great grandchild - a girl called Lily.
 What a wonderful occasion.
 Woodside Park

FOR FACEBOOK FOLLOWERS

am trying to make friends outside of Facebook while applying the same principle. Therefore every day I walk down the street and tell passers-by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom.

I give them pictures of my family, my dog, and of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch and doing what anybody and everybody does every day. I also listen to their conversations, give them the 'thumbs up' and tell them I like them.

And it works – just like Facebook!! I already have four people following me: two police officers, a private investigator and a psychiatrist.







William Golding, British Novelist, Playwright and Poet 1911-1993

wrote:

I think women are foolish to pretend they are equal to men. They are far superior and always have been. Whatever you give a woman, she will make greater. If you give her sperm, she will give you a baby. If you give her a house, she will give you a home. If you give her groceries, she will give you a meal. If you give her a smile, she will give you her heart. She multiplies and enlarges what is given to her. So, if you give her any crap, be ready to receive a ton of sh*t!



"From your editor...

About ten years ago my husband and I travelled to Westcliff to interview Allan and Barbara Goldstein who were Chairmen of Westcliff JACS, and they welcomed us most warmly at their home and we had long chats and had much in common. Subsequently an article about their high office was published in the JACS Journal and since that association we have corresponded by email and Westcliff has always been very generous in their efforts for Charity. Now, unfortunately Allan Goldstein has passed away - GRHS - and I have received an obituary and letter from the new Chairman and Secretary of that branch which is as follows:

Dear Angela,

My husband Maurice Symons, has asked me to send to you an Obituary for the late Allan Goldstein. I have enclosed a copy of a piece that I have sent to you by email. I do hope that this is Okay with you and if you have any queries please do not hesitate to get in touch with me. I thank you for an excellent magazine, and may you have many years of good health to continue.

Yours, Sandra Symons - Sec. of JACS Southend and Westcliff

OBITUARY

Allan was born in Epping, he married Barbara in 1966, and they had two children Joanna and Evonne. He also had two grandchildren Heather and Georgina and a great grandson Kian.

He was a compositor in the print, and he was also a caretaker for five years at South

West Essex Reform Shul. He was also a Special Constable for 11 years, by the time he retired from the force he was an inspector.

He and Barbara became members of our JACS committee in Southend and Westcliff in 2005, and in 2007. He became chairman and had held the post up to his untimely death.

We always joked with him every time we had a singer, as he liked them to sing an Elvis Presley song as Elvis was his favourite singer.

He is greatly missed by all of the members. Our thoughts and prayers are with Barbara and her family.

Maurice Symons - Acting Chairman."

Dear Angela,

I was very happy to join our JACS members again for a holiday in Eastbourne in November 2019. I have been going for five years, twice a year and I wouldn't miss it.

G-d Bless Harold when he was organizing it with Barbara. It was filled with speakers, entertainers, a quiz and a games evening. It was lovely to meet up with members from all Lodges again.

Barbara did a magnificent job this year and I know it was very hard emotionally to do it alone, but I think all our members rallied around her and made her feel that her efforts were worthwhile in every way.

Thank you Barbara for all your efforts. It was thoroughly enjoyed and we are all looking forward to the next one. The View Hotel and staff were wonderful. To be so near to the sea is the greatest pleasure for me, and company of course, and I look forward to our next rendezvous.

Thank you again Barbara for such a wonderful time and to meet up with old and new friends

Diane Issacharoff

Mill Hill

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NOT SO GORM(LESS)!!!

Did you know that Antony Gormley used his own body to create art? His early works from 1970s-80s are distinctive for this.

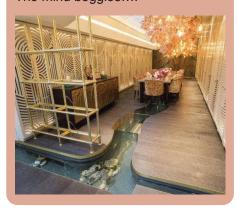


TYCOON NEWS

When you are wealthy, the world is your oyster, but sometimes one is searching for something quite out of the ordinary to tittilate the palate and provoke others to umm and aar!

John Caudwell, the mobile phones tycoon, who sold his Phones4U empire for £1.5billion has achieved this distinction by having a river running right through his dining room. He is creating the water way complete with colourful fish to entertain guests in his Thai-themed room. Perhaps the guests would be allowed to choose the fish they want for dinner, or even get their fishing tackle out and catch their own.

That would really be a novelty! The mind boggles....



BUZZ, BUZZ.....

There a buzz around bees as the London hives triple in a decade. Registered beekeepers in the capital's gardens and on roof tops have reached 5,500 compared with nearly 1,700 in 2008. Membership of beekeepers' associations has also increased with waiting lists to join and a surge in demand for training. Such an increase means London now has the densest population of honeybees in Europe.

A growing number of businesses are also joining in the urban beekeeping trend. The Hilton London Bankside has installed four hives in a rooftop meadow and has been harvesting honey since 2016.



The hotel works with local producer Bermondsey Street Bees and is supplied with 70kg of honey each year from the hives.

A PURR-FECT DIPLOMAT

Sir Mark Sedwill, the Cabinet Secretary and National Security Adviser, knows every kind of diplomatic trick in the book.

So when The Londoner approached him at Anthony Seldon's May At Ten book launch to ask which was his favourite Whitehall mouser (Larry the **Downing Street** cat, or Gladstone at the Treasury, perhaps?), we were expecting a non-committal answer. Not so.



"Evie," he replied instantly, adding: "She's the one in my office. If things get difficult I use her to communicate with Larry."

First of all I have never heard of Evie before, and secondly that's a Civil Service innovation – a feline ambassador.

WHATSHOT

GOLD LOO UPDATE

Believe it or not – just when I thought I'd have a special moment relieving myself it has all gone horribly wrong. The gold loo has been stolen!! How the thieves managed to achieve this is totally awe-inspiring and I can't wait to hear the response from the doyens of Scotland Yard. I believe Poirot would have been the ideal person to find the culprit/s but unfortunately he has met his demise some time ago. Any ideas folks?!!

REMEMBER YOUR P'S AND Q'S

Please be polite!

Parents have been told to say 'please and thankyou' to Alexa, as issuing loud or aggressive commands to Amazon's voice controlled assistant Alexa, could be a bad influence on children say experts. I have experienced this first hand as a friend, who has Alexa, showed it off in a very demanding fashion, and with an extremely loud voice. I was quite put off by his tone, but Alexa seemed to have no qualms and did the necessary.

Parents should treat the assistant with respect, using 'please' and 'thank you' said neuro-psychologist Dr Laura Phillips, from the US based Child Mind Institute. Thinking about the social use of language she has a definite point – if children demand when they deal with their digital friend they will carry this over to their other interactions and this is not a good thing. It is estimated that 22 per cent of UK households have a digital assistant.

CHARLOTTE BRONTE'S MATCHBOX BOOK

A museum is attempting to buy a rare matchbox sized book handwritten by Charlotte Bronte. The Jane Eyre author wrote The Young Men's Magazine aged 14 in 1830. The tiny tome contains three stories, and is one of five similar surviving volumes. The Bronte Parsonage Museum is now asking for help to raise funds as the book goes under the hammer in Paris in December, and is set to sell for at least £650,000. Actress Dame Judi Dench, president of the Bronte Society, is supporting the bid to bring it back where it belongs. She said "I have long been fascinated by the little books. These tiny manuscripts are like a magical doorway into the imaginary worlds they inhabited."

This sensational find reminded me of the tiny one and a half inch book I have in my dolls house – it was printed in 1973 in Tel Aviv, Israel, and it is all in Hebrew, and boasts of 300 pages, being an accurate copy of the Daily Prayer Book. So – there are other minute books around giving pleasure to their owners and resting in their individual 'small homes', and although they cannot aspire to the dizzy heights of £650,000 they are valuable in their own right as a representation of 'a normal life'.

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IT'S IN THE BAG

The Postal Museum in Clerkenwell reveals the surprising and at times quirky 500-year history of the postal service. Exhibits include a 1941 postie's motorbike, a bust of the Queen used to reproduce images for more than 200 billion stamps, and the classic black and white documentary Night Mail with words by WH Auden and music by Benjamin Britten.

However despite these goodies all pales for most of us as the highlight for many will be a ride out on the underground rail network under the old Mount Pleasant sorting office. Postal museum.org



SMART FABRICS

Forget changing the colour of your cushions to match your new suite in the future, or indeed changing the fabric on your suite to something new, or buying a new one – smart A1 furniture and cushions made of reconfigurable materials allow living rooms to transform colour, texture and firmness via voice command. This means there will be no need to replace old furniture and we'll simply reconfigure what we want.

Researchers at the University of Central Florida have developed a colour-changing fabric which can be controlled with a smart-phone or click of a button. When activated, an electric current flows through the metal micro-wires embedded in each individual thread raising their temperature and causing special pigments to change colour on demand.

But for now one can get a funky LED-equipped outdoor bench for £199 and this is the closest way to get to chameleon-like furnishing. Gardenfurniturecentre.co.uk

In the future it will also be possible to entirely redecorate or customize our living spaces without buying new fixtures and fittings thanks to wall screens that change colour and display customized landscapes using augmented or virtual reality. In the pipe line is E-Ink Prism which is a wallpaper that can move, change and disappear when you are fed up with the print. Tiles made of E-Ink Prism e-paper will be able to change on demand and even display information and images.

Now we have Nanoleaf Canvas which is smart modular wallpaper cum colour changing LED light panels. Nanoleaf's energy efficient squares are touch sensitive, and can be switched on and off, dimmed or customized with a tap. From £89.99 nanoleaf.me

Mind you, all this comes at a cost, and the mind boggles as to what would happen if one had a power cut when guests are present!

MOOD WATCHES

These are not new inventions as my husband bought me a mood watch (there must be a hidden message here!) some years ago. It changed colour when the heat of my body rose or stayed static.
Unfortunately it reverted to one colour and lost its appeal!

Now a watch designer Italo Fontana is getting into the act throughout his Welder collection of timepieces. He quotes 'their strength lies in their soul; you can see I designed them all myself, they have an identity and

a powerful image, and they can be recognized from a distance.' The Moody – a watch that Italian Fontana designed to express his moods, changes from 'red temper to green tranquillity'.

He has done this by inventing a photochromic glass that darkens according to brightness that refracts light so that the crystal appears to change colour, depending on the angle of the light and the hue of your outfit. Every day is unpredictable. Welder Moody Watch £175



GET YOUR AVO HERE

An avocado a day keeps heart disease at bay, so say American scientists. When blood fats deteriorate, plaque can build up on artery walls which could lead to a stroke or heart attack. Antioxidents in avocados delay the breakdown of bad cholesterols, called lowdensity lipoproteins (LDL) Prof. Penny Kris-Etherton of the University of Pennsylvania, said overweight patients given an avocado daily for five weeks 'had fewer small dense LDL particles than before the diet'.

Forget about strokes and heart attacks – avocados are excellent for giving one a glowing complexion and what is more 'keeps one regular' so says your editorial guru who is an

'advocat!'

It's gifts in Wills that mean we can support thousands of people to celebrate the festivals they love



Thanks to gifts in Wills we can make sure Lily and many other people like her can stay in touch with their Jewish roots whenever they like.

We depend on gifts in Wills for £1 in every £4 we need to raise. For more information about leaving a gift in your Will and our free Will Writing Service call Alison Rubenstein on 020 8922 2833 or email legacyteam@jcare.org

